

### How do I use the Planning Star™?

To use the Planning Star you need to be getting one-to-one support from an immigration, asylum, youth or other support service. You and your support worker decide together where you are on your journey. Then you agree which areas you want to work on for next time and how you're going to approach them.

At regular points you go back to the Star to get a clear picture of what is working well and where things could still be improved for you.

# Planning Star™

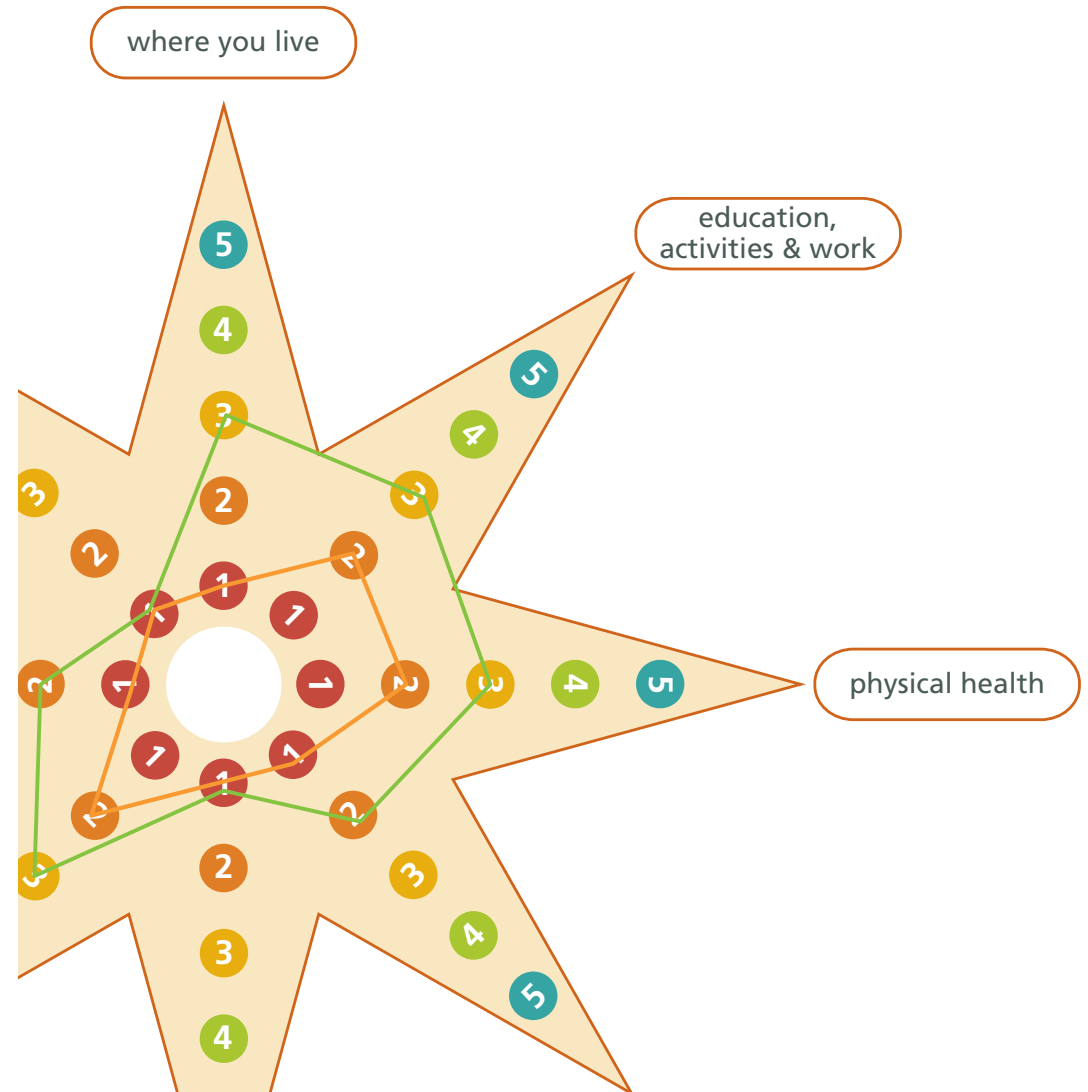
Information for people receiving support

**"It helped me to visually identify where I am at the moment and what needs to happen to achieve my goals."**  
 Young asylum seeker, Pathways to Independence

### Information sharing

The service you are accessing is obliged to share information if there are any concerns about someone's safety and/or well-being and there are clear reasons for doing so which are in their best interests. Information may also be shared to ensure that you are getting the right services.

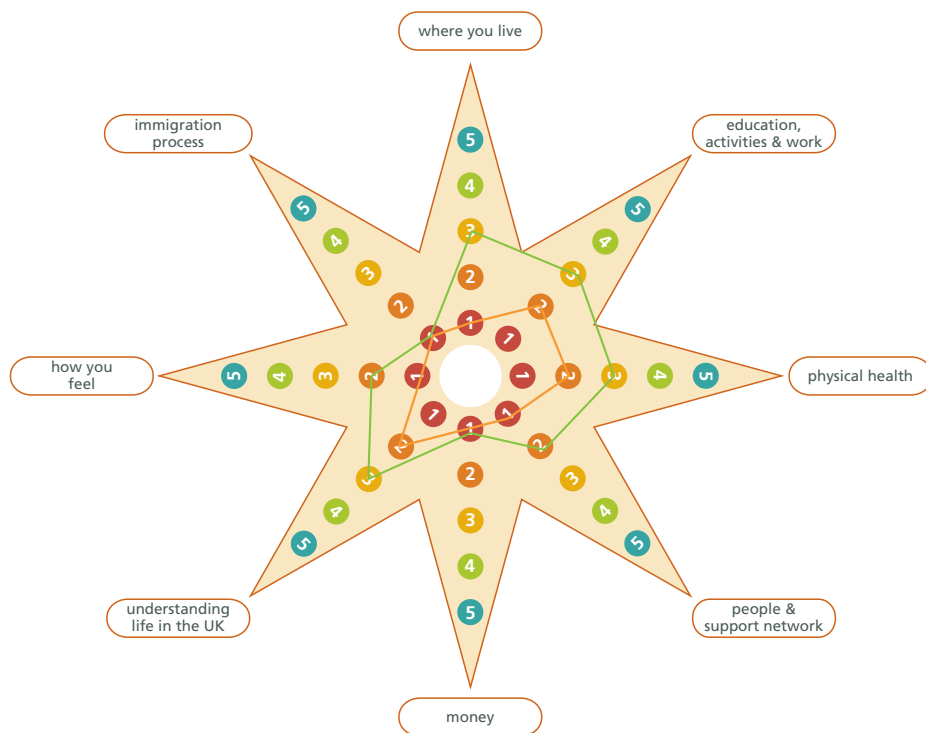
The information gathered on the Star is recorded and will be securely stored and used to provide services to you. It may also be used to monitor and audit the quality of the service offered to you.



# Supporting young asylum seekers

The Planning Star is designed for use with children and young people who are separated from their families and have come to this country to seek asylum.

It's a way of helping you look at eight different areas of your life (below). For each area, there is a five-point scale that will help you to understand and talk about your life, any barriers you face and what is being done to work on those. This is called the Journey of Change (shown on the next page).



# The Journey of Change

Where are you on your journey?

